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There Are Too Many Unwanted Backyard Horses

By David Feela

I was sitting in a comfortable chair one evening, reading a vintage book about the Old West, when I happened to glance out the window to see a horse cropping the grass along my driveway. I don't own a horse. I don't want a horse. Too many of my neighbors own horses, only to let them hang around doing nothing, like silhouettes against the horizon.

I went out to the porch for a better look, thinking I'd encounter a part-time cowboy. I called out to the empty horizon: "Yoo-hoo?" Nothing but a nicker from the horse. Acres of print examine the plight of wild horses in the West, often referred to as mustangs, and I'm not suggesting that the problem deserves any less attention than my problem - the neglected domestic horse situation.

Finicky horse advocates will argue that the term "wild

mustangs" is erroneous; such horses aren't wild, just feral, having been introduced by the Spanish centuries ago from their own domesticated stock. But whether such free-roaming horses fairly or unfairly compete for forage on public grazing lands and whether they are native or invasive species is beside the point.

The horse in my driveway had a ribcage distinct as a xylophone, and she didn't look wild at all, just worn out. She politely glanced up, allowed me to approach her, then went on cropping the grass. As I ran my hand along her neck and flanks, it became obvious my guest hadn't just missed a meal or two. She'd been systematically ignored until her presence probably got on her owners' nerves. Then they turned her loose.

Wild horses may be scattered all across the West, but it's the domestic stock being "set free" to find their own, usually unfortunate destinies that worries me. Horse owners down on their economic luck think they'll save bales of cash by letting their charges wander. The notion that horses will find their own way - the way many people believe feral dogs and cats do - is absurd. In fact, it's equally absurd even for dogs and cats.

In the literature that children grow up on, equines are adorable, utterly huggable and just too precious. "Black Beauty" and "My Friend Flicka," to name just a few, are stories that tug at the heartstrings, prompting children to stroke a plastic replica of a dream they long to transform into flesh someday. I don't know how many youngsters receive ponies for their birthdays, but based on my own

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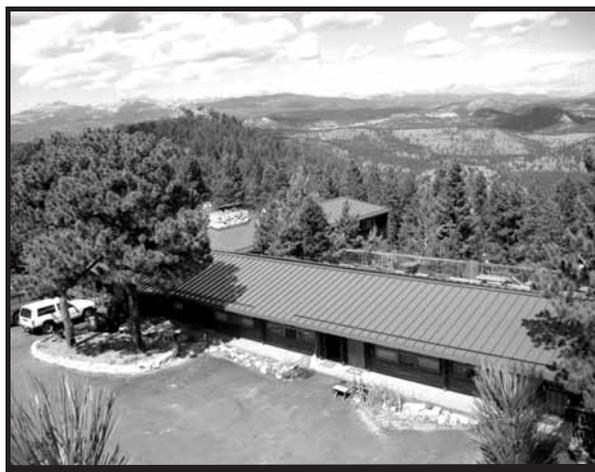
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informal gallop poll, grownups all across the West lack the self-control necessary to rein in their urge to own a horse.

In Alice Walker's book, *Horses Make a Landscape Look More Beautiful*, the horses that are supposed to be making the landscape more beautiful are not the same ones strung for miles along our rural Western fence lines, pulling up the grass by the roots until a piece of paradise is reduced to an acre of bare dirt.

I found a plastic pail in the garage and filled it with oatmeal, then pulled a rope off a nail. One taste of oats, and my mystery horse would have followed me anywhere. I followed the trail of horse apples along the road, all the way up to the highway and back again. Along the way, every neighbor's horse rushed across its allotted pasture to shinny up to the wire, whinny and snort, as if gossiping about this stranger.

We ended up back in my driveway, which is a poor excuse for a horse refuge, because my property is not fenced, but I have a good-fences-make-good-neighbors neighbor who once visited my property to collect his truant bull. We get quite a parade of livestock wandering across our land for the simple reason that we don't fence them out. He said no, it wasn't his horse, but offered to put her up in a small pasture where he'd quartered three of another neighbor's horses to clean up his weedy grass - a sort of weed-and-feed negotiation.

As he worked at undoing the gate chain, I removed the rope from around my horse's neck. I say "my horse" but really she wasn't anyone's horse, not any more. She leaned her long head against my shoulder and held it there for a ponderous moment before I urged her into the company of more strangers.

Later, I found a man who provides rescue services for animals, but he had no room for a horse. He suggested I check with the brand inspector, which sounded like a great idea, until I learned that the horse would likely end up at the sale barn, which might mean a future as horsemeat rather than adoption.

One evening as I returned from town, I noticed that my horse and in fact all the horses were gone, probably for another job of weed eradication, or so I hoped. I thought about stopping, about asking someone, but maybe because I'd read and watched too many Westerns, I had the notion that every horse eventually heads off into the sunset - and better that than painful neglect.

David Feela is a contributor to Writers on the Range, a service of High Country News (hcn.org). He lives in western Colorado.

Editor's Note: While in most I agree with Mr. Feela's sentiments in this article I must clear up a couple of mistaken points in it. Horses are not weed eaters and all too often when allowed to overgraze a pasture will eat toxic plants that can kill them or cause them to become sick. If you want to be rid of weeds, goats are a better solution.

In my opinion the highest form of abuse for backyard horses is neglect and in tough economic times they often are underfed too. If you identify any equine that is too skinny or looks unhealthy it is your duty to call the **Colorado State Veterinarian 303.239.4161** and give them the address where the horse lives so they can determine what needs to be done to prevent an animal from suffering. Don't ever turn a blind eye and just hope for the best.



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Elected Officials Heard Public Comments

A sudden and complete hush fell over the standing room only crowd at the January 7th public hearing before the Boulder County Commissioners. All were there to oppose a proposed Intergovernmental Agreement (IGA) between Boulder County and Denver Water. The woman at the podium had surprisingly decided to use her three minutes of speech for a moment of silence commemorating the great Colorado River. No one whispered, coughed or moved and the large meeting room was as silent as death. What the great river will be headed to if Denver Water gets the chance to pull more of its water to enlarge Gross Reservoir and Dam.

In the end, after more than forty people spoke out against the IGA the commissioners decided to listen to residents near the existing reservoir instead of their legal staffers and not take the thinly veiled bribe Denver Water was offering. They said waiting for the final EIS and FERC's record of

decision on an amendment to the existing hydroelectric license will be their course of action.



All in the crowd were pleased and many felt that for once their elected officials heard their concerns and made the decision based upon the facts now instead of the proposed threats of lengthy legal battles with Denver Water. It was a momentous occasion and we left the more than three hour hearing with an optimism that has been hard to reach in the nearly ten years this proposed project has threatened our mountain quality of life.

The speakers were eloquent, heartfelt and authentic in their concerns about all the negative effects this proposed project would have should it be allowed to happen. So many people in our little bedroom communities surrounding the existing reservoir did exhaustive research to tell the commission the facts, not just emotional opposition (although there was plenty of that too) and in the face of all that hard work and time spent a better

decision was made. TEG President Chris Garre used a bag of money as a prop to make his talking points and this not only highlighted the fact that the proposed IGA was a bribe, but it also infused a bit of melodrama into the proceedings.

One speaker towards the end was an eighteen-wheeler driver and shared his work in those trucks and long-time experience to tell the commissioners how unrealistic the proposed project would be for the safety of all. He might not have been the most eloquent of speakers, but what he had to say was probably the most educated about the roads to the dam and reservoir for large trucks and safety than any other person we could have hoped for. He made it crystal clear that no amount of mitigation to the existing roads will



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keep people from being killed on those roads should the project be allowed.

Use of the railroad line came up a couple of times from well meaning resident speakers and that faint hope should be squashed for good. Over the years I've spoken to many at the railroad offices and in no world will it ever happen. The railroad only stands to lose money on any deal that depends on moving anything by rail. So, while it seems like the most logical solution it is not financially feasible and we all know money is the bottom line. Besides, hoping for rail support is giving in and only determining mitigation efforts.

My stand has always been to forego talking about any mitigation, as nothing anyone or anything can do will stop the loss of our quiet mountain quality of life. One environmental lawyer has suggested we demand so much mitigation that Denver Water rules out the project due to massive costs and only in that scenario is it a factor we should entertain.

This is not over and the worst thing we can do is forget about it. We need to stay vigilant and in tune with the next phase when it occurs. Thanks to all who attended the public hearing and to all who spoke out against the injustice and lack of need for the Moffat Collection System Project.

By A.M. Wilks

(Pictured previous page: Commissioners Toor, Domenico and Gardner. Pictured this page: the standing room only crowd. Not pictured: the overflow crowd in the hallways and adjacent room who listened via intercom and came in to speak when their names were called.)

It is important to note that a final Environmental Impact Statement is due out this year.


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Concert - Film Festival

VALENTINE'S EVENING CONCERT

Gabrielle Louise at CCCIA

Thursday, February 14th, 7:00pm

Contact: Chris Garre Phone: 720-324-7385

COAL CREEK CANYON COMMUNITY CENTER,
FEBRUARY 14th, 2013 - Nationally-touring singer-song-
writer, Gabrielle Louise, will perform her original, soulful,
contemporary folk music at the Coal Creek Canyon
Community Center (CCCIA Hall). Candlelit tables will
be set for two and complimentary dessert crepes will be
prepared fresh. Out of respect of everyone's date night,
please leave the kids at home for this one. The Thursday
evening show will open with a set by singer-songwriter
Brodie Kinder who will play from 7:00pm to 7:30pm.
Doors will open at 6:30pm and the cover charge is \$15.

Gabrielle Louise's music is anchored deeply in folk but
undeniably drawn to rich harmonies and melodic
adventurism. Her sound has the earthy feel of Joni
Mitchell while also veering into the spirited delivery of
fellow genre-hopping artist Martin Sexton. Unafraid to
take a random musical escapade in the name of
inspiration, Gabrielle is at one moment folkie and
ethereal, the next moment a smoky jazz chanteuse.

This tour comes at the close of time spent in New York
recording her latest album, *For the Brokenhearted*, to be
released soon. Thus far, she has 100% independently
released five records, *Journey* (2006), *Around in Circles*,
the E.P. (2007), *Cigarettes for Sentiments* (2008), *Live in
Coal Creek Canyon* (2009) and, most recently, *Mirror the
Branches* (2010).

Gabrielle's music has been best appreciated in listening
atmospheres with introspective, attentive crowds. Her
performance communicates more soul than special effect
and gently entices the listener to release their grip on the
status quo. Amidst the superstar-focused simplicity of
today's music industry, Gabrielle humbly offers her
creative personality as-is, a professional presentation of
her private journaling. The rich complexity of such an
authentic account of the human experience is a rarity, even
among artists.

The Coal Creek Canyon Community Center (CCCIA) is
located at 31528 Highway 72 - just across the road from
United Power. To hear some of her music, watch videos
and check the tour schedule, visit gabriellelouise.com

"Gabrielle Louise is a deceiving package. Though young
and beautiful, the guitar-playing singer/songwriter sounds
like an older woman. Her pop/country blend is distinctly
adult-contemporary in flavor and boasts mature lyrics.
Lovers of folk music will appreciate Louise's strong
voice, which she uses with equal success on stunning high
notes and rumbling lows."- *The Gazette (Colorado
Springs, CO)*

“Articulate and gifted, Gabrielle Louise... is an artist who comes to music from a literary vantage point, first and foremost...But the lyrics standing alone are only part of the story...As a vocalist Gabrielle Louise dives deep into her songs, exploring them in a warm, sturdy voice reminiscent at times of Joni Mitchell...especially in the falsetto flights and lower register swoops...She executes a captivating balance of heartache and resolve.” - David McGee, *www.thebluegrassspecial.com*. David has written for *Rolling Stone*, *Pro Sound News*, and *Spin*. He is currently the country music editor at *barnesandnoble.com* (New York City, New York)

FEB 21-24: COLORADO ENVIRONMENTAL FILM FESTIVAL

Event Name: Colorado Environmental Film Festival
 Event Date: February 21-24, 2013
 Event Time: varies-check web page
 Event Price: \$8.00 per session
 Organization: Colorado Environmental Film Festival
 Contact Person: Shawna Crocker
 Contact E-Mail: ceffchair@gmail.com
 Contact Phone: 303-279-9070
 Venue Information: American Mountaineering Center
 710 10th St Golden, CO 80401
 Event Description: Four days of new educational, inspiring and motivational environmental documentaries from around the world. The emphasis is on local, regional and international, with a young filmmaker category. Come watch, become involved, meet filmmakers and festival volunteers, and environmental organizations at the eco-expo. www.ceff.net.

Information courtesy of the Golden Newsletter.

Mission of Mermaids represents both the spectacular beauty and current plight of the world's ocean. Subtitled *A Love Letter to the Ocean*, the film uses the archetype of the mermaid, a mythical creature that is evocative of the ocean's beauty and mystery, to bring the audience into the intimate world of the seas, rekindle an appreciation and love for them, and awaken the audience to the urgent need to respect and care for them before it's too late.

In association with Oceana, this documentary explores ocean acidification, overfishing and pollution, and challenges viewers to rethink how they relate to their global waters. The key message of the film is that in order to be healthy and replenish, the ocean needs rest-just as the mermaid in many variations of the myth needs time on her own, away from her human husband, to be herself. Here is a link to the film site: www.missionofmermaids.com

About Susan Rockefeller: Susan Rockefeller is a documentary filmmaker whose in-depth look at critical issues in our world has won top awards at many film festivals across the United States and around the world. Her recent efforts include producing and directing the HBO documentary, *Making the Crooked Straight*, which received a 2011 Christopher Award; co-producing the internationally acclaimed *A Sea Change*; and directing and producing *Striking a Chord* which brings attention to the ability of music to help heal the Post Traumatic Stress Disorder (PTSD) many of our returning soldiers struggle with. She is currently on the festival circuit with *Mission of Mermaids*, a film about mermaids and ocean health. When she's not making films, Susan designs message inspired jewelry, sits on the boards of Oceana and the Global Leadership Council for the Natural Resources Defense Council (NRDC), as well as the program committee for The Stone Barns for Sustainable Agriculture. Susan is married and lives with her husband and children in New York City.



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Update - Buffalo Field Campaign

A cow buffalo stands in a blizzard. Cow buffalo have been heavily impacted during bison hunts this year, and Yellowstone National Park intends to remove 400 from America's last wild population this year, as well 50 bulls, through capture and slaughter. *BFC file photo from 2008.*

Field patrols braved temperatures that dropped to -38 one day recently, and we've had many consecutive days where the day's high never even got close to zero. The Madison River is frozen here in the Hebgen Basin, a sight we've not seen for a number of years. When it gets this cold, I can't help but think about all the wildlife that must simply endure such temperatures. They have no warming fires, no choice but to seek whatever shelter the trees and mountains

provide, and rely on their thick fur and body fat to keep from freezing. They are as much the seasons and elements as the elements and seasons themselves.

Unfortunately, the day before the extreme cold spell hit, a few state hunters were out and killed two cow buffalo. Sadly, the woods and riparian areas have been riddled with what now add up to sixty-two raven-ravaged gut piles.

Because of the fearless nature of bison, who evolved to stand and face their predators, there is no "fair chase" or even true "hunting" of wild buffalo. Though many have been killed by hunters this winter, a larger percentage of buffalo that have migrated into Montana have vacated this important habitat after having lost mothers, grandmothers,

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siblings, offspring and other family members. These buffalo are probably confused by the contrast in human behavior: in Yellowstone, cameras held by admirers are aimed at them but when they step into Montana they are met with rifle fire. Still incredibly vulnerable and no match for high-powered guns wielded by hunters riding snowmobiles, wild buffalo are not so much the sitting ducks they once were when “hunting” began north and west of Yellowstone’s boundaries seven years ago. Buffalo that step into Montana are learning to be more elusive and many have been observed removing themselves from danger. Few, if any, buffalo currently inhabit the tiny spot of winter range allowed to them in the Hebgen Basin. Wild is the Way~RoamFree!~Stephany

TAKE ACTION! Stop Yellowstone’s Planned Bison Slaughter Before it Starts! Send Yellowstone this important message: Stop your plans to slaughter! Let wild buffalo roam. Call them at 307.344.7381. State, federal, and tribal governments - including Yellowstone National Park - are aiming to kill hundreds of wild buffalo this winter through hunting, slaughter, or both. The agencies state that they want to “even the sex ratio” and have placed a heavy target on female buffalo, wanting to kill at least 400 and

another 50 bulls.

Yellowstone National Park states that a “skewed sex ratio” has resulted from years of capture and slaughter operations, which have removed more bulls than cows from the population. In other words the government is saying they will slaughter more buffalo to mitigate the impact of having slaughtered so many buffalo.

BFC Wish List Featured Item: Gaiters - To help keep our volunteers dry in the field, we need to have a supply of quality gaiters on hand. Gaiters help keep snow out of our boots, and our pant legs dry. Our current inventory is looking a bit low and in disrepair, so at this time we are asking for gaiters, especially large sizes that will fit well over pack boots and thick wool pants. Thank you so much for all of your support! Rain, Gear Coordinator gear@buffalofieldcampaign.org

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Who? Who Let The Dogs Out?

Recently two dogs in Coal Creek Canyon, near The Lane Road have been seen running loose and exhibiting pack behavior. On January 15th a small black dog with floppy ears and a medium mostly black dog with a white stripe across its shoulders were seen harassing livestock. In Boulder County it is legal to shoot dogs that do that. The leash law does apply in unincorporated Boulder and Jefferson Counties and dogs are not allowed to run loose. Dogs under voice command may be off leash with their owners in Boulder County - if they obey the commands.

These two dogs had collars but avoided being caught by the neighboring property owner. They chased a dog being walked by its owner and a horse that lives alone. The horse became very agitated and nervous mainly because the dogs came at it from two directions and the horse was trapped in a corral. Normally a horse can defend itself from a dog but when in a confined area it can be harassed enough to do itself harm.

The two dogs running loose behaved as if wild and chased the horse back and forth in the confined area for an unknown period until being run off by a neighbor. They were unfriendly and barked at the human, even before being run off. It is not uncommon for dogs to pack up and

act as if wild and could attack children or other pets. It only takes two to make the pack mentality occur.

If you recognize the description of these dogs please be informed or inform the owners of this unacceptable behavior or next time they could be shot legally and never come home again. This is not any dog's fault; it is the owner who bears the blame of the bad behavior. Your dogs must be supervised whenever they are out of their yards or homes. If you arrive home and your dogs are out you need to determine how and why they got out to prevent it from happening again. Holes in or under a fence or enclosure should be filled or fixed before leaving your dogs in it again the next day. Ignoring the fact that your dog can get out and run loose can cause fines, death or injury to the dog and worst case they get with other dogs and wreak havoc to local livestock and other pets or pedestrians.

With bitter cold spells many dog owners are unable to exercise or walk their dogs enough and this can cause dogs to bark when they are let outside in their yards. The houses are all closed up due to the cold (then with the TV or music playing) so the owners often cannot hear the barking that goes on for too long. Please be considerate of your neighbors and monitor your canines. Editor

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Knowing The Footprints On The Land

By Diane Bergstrom

Joe, my treasured 92-year-old relative, guided me on a tour around Pine City, MN, last summer. At age 11, he listened to his dad talk about an unusual bluff along the Snake River, one that didn't seem to quite match the surrounding bluffs. His dad knew the bluff held a secret, for he was from a time when people lived closer to the land and knew how to read it. Young Joe took his boat and rowed upstream to the bluff, and started a lifetime of curiosity about the people who lived on the land before him. His findings of artifacts lead to the eventual uncovering of the North West Fur Trading Post, established in 1804 by a trader who had set up a bartering exchange with the local Ojibwe Indians. The area was rich in game, fish, fowl, wild rice, berries and maple sap, all of which set up trade possibilities of fur, food and manufactured supplies. The land was entrusted to the Minnesota Historical Society and the trading post was recreated. (mnhs.org/nwcfurpost) As he continued to direct me down a river road, he pointed out where encampments of the Dakota and Ojibwe had been, now covered by wood frame cottages. To my disturbance, he said the road we traveled ran over ancient burial grounds. Eventually becoming slightly exasperated with my questions, he pointedly asked me, "What do you think is buried under New York City?" Throughout his life, he studied, shared, and respected the history of the people who lived in his area hundreds, perhaps thousands, of years before him.

In my quest to learn more about the Original People who lived, hunted, traveled, died, and left footprints on this land, this Colorado, I have learned horrific truths. The 1452 Doctrine of Discovery, issued by Pope Nicholas V, encouraged widespread land grabs; slaughter and slavery aimed at the American Indians, and fostered hostile environments, laying the mental and physical groundwork to execute events such as the Sand Creek Massacre. A key historical figure on the Front Range, Chief Niwot attempted to bring peace to the area among the numerous tribes, and white settlers who arrived and laid claims to the land. Substantial historical information predominantly taken from Margaret Coel's book, *Chief Left Hand*, will be on exhibit, *Chief Niwot: Legend & Legacy*, at the Boulder History Museum, until February 10th. (boulderhistory.org)

Ray Ramirez, of the Native American Rights Fund (narf.org), offered, "The choices that we make today will affect the choices of our children and our grandchildren - for seven generations to come. The choices made by Boulder and by Colorado in the past has had negative consequences for each generation since. This can also be said of the United States as a whole. Today we have generations of people that have been denied historical truth, the true history of these lands and the original people who

nurtured and lived in harmony on this earth. How are we ever going to be a free nation, under God, with life, liberty and justice for all, if we can't teach the truth and if we are unwilling to hear the truth? In America, history stands on the bodies of its Indigenous peoples. The Boulder History Museum's *Chief Niwot: Legend & Legacy and One Action - One Boulder* are on the road to correcting this historical injustice. Unlike the way we choose our leaders today, Chief Niwot's spirit path, that was given to him at birth, was recognized by the elders of his tribe. As he was growing up, mentors were assigned to help him in developing his vision. The elders helped him to understand the sacrifice, dedication, and humility that were needed to insure the survival of his people. This is the way leadership was developed for most indigenous people. Chief Niwot learned the importance of being humble and understanding that his ego must be killed in order for him to fully grasp the path that was intended for him. He was a true leader whose only wish was for peace and the survival of his people and in turn, the survival of this land."

This is the second article in a series; see the January issue online at highlandermo.com in the archives section to read,

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First Long-term Study Of Golden Retrievers

*World's First Long-term Study of Golden Retrievers
Likely to Tell Scientists More about Cancer and
Health in People - CSU*

Golden retrievers today can offer some useful information about their future health and the health of other dogs, including the occurrence of common cancers, says a Colorado State University veterinary oncologist embarking on a groundbreaking long-term study with Morris Animal Foundation. As with many other studies at the world-renowned Flint Animal Cancer Center, the answers may help people, too.

Dr. Rodney Page, director of the Flint Animal Cancer Center, and a team at the Denver-based Morris Animal Foundation, the global leader in animal health science, are recruiting young, purebred golden retrievers for a groundbreaking effort to learn how to prevent cancer and other diseases in dogs. The foundation, a nonprofit organization dedicated to scientific research that improves animal health, is managing the Golden Retriever Lifetime

Study, which will span 10 to 15 years.

As the largest and longest observational study ever undertaken to improve the health of dogs, this project is the most significant one ever conducted in veterinary medicine. "Our donors with dogs have told us that cancer is their greatest concern. We look forward to working with Colorado State University to get a better grasp on all the factors that could contribute to cancer and overall health problems in dogs," said David Haworth, DVM, PhD, President and CEO at Morris Animal Foundation.

To join the study, Golden Retrievers must be healthy, younger than 2 years old and have a proven three-generation pedigree. Pet owners must agree to regular visits with their veterinarian and to complete online questionnaires about lifestyle, diet, reproductive history, environment, exercise, medications and other health concerns throughout the dog's life. For more information or to apply for the study, visit www.CanineLifetimeHealth.org.

Dogs must meet initial qualifications to be invited to complete the application process. The goal is to enroll 3,000 dogs over the next two years. About 500 dogs are currently enrolled or in the process of completing enrollment requirements. "It does require a commitment from the owners of these dogs," said Page, who is the principal investigator on the research study. "They must record their pets' activities and health issues and partner with a veterinarian who would help provide the information and samples we're requesting.

The veterinarians will have to devote a little more time to physical exams and collecting samples. "Morris Animal Foundation is the key to this initiative. No other animal health organization could accomplish this and they should be acknowledged for understanding how important this study is going to be for canine health," Page said.

Cancer is estimated to be the No. 1 cause of death in dogs over the age of 2, but there is no valid database to determine how frequently cancer may occur or how to assess any of the influencing factors. Common fatal cancers of dogs include lymphoma, osteosarcoma, hemangiosarcoma (cancer of the blood vessels that usually starts in the spleen or liver) and mast cell tumors, which is a cancer of a particular blood cell of the immune system. "With this project we will determine a better estimate of how frequently these cancers arise. This is a

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very difficult number to accurately determine in dogs,” Page said. “There is very limited information about what the true incidence of cancer is in dogs since no census exists. Also, cancer is a reportable disease in people - each diagnosis is recorded and the incidence of each cancer is reported annually to develop public health recommendations. There’s no similar resource in dogs.”

Cancer occurs largely in older dogs - most do not develop any cancer for the first five or six years. In addition to cancer insights, this study will identify genetic, nutritional and environmental risk factors for other major diseases that affect dogs, such as obesity, thyroid issues, epilepsy, arthritis, and skin disorders, which may develop at earlier ages. Dogs share our environment and are therefore equally at risk for exposure to many of the same factors that we are exposed to.

For example, a common set of compounds, polybrominated diphenyl ethers, or PBDEs, used as flame retardants in carpets and upholstery, have been linked to disorders in people. “We believe that we can learn more about canine and human exposure risks by knowing what dogs may be experiencing during their lives,” said Page. “Our hope is that we will be able to identify some significant modifiable risk factors that will improve the health of dogs and potentially provide clues for human health improvement as well,” Page said.

Page and Morris Animal Foundation staff developed this study with the advice of experts in canine and human genetics, toxicology, epidemiology, statistics and clinical practice from around the country. Major financial supporters of the Golden Retriever Lifetime Study include the Mark and Bette Morris Family Foundation, the Blue Buffalo Foundation for Cancer Research, Petco, Hill’s Pet Nutrition, Pfizer Animal Health, VCA Antech, Mars Veterinary and the Hadley and Marion Stuart Foundation, which is the largest single donor to CSU’s Flint Animal Cancer Center.

About the Colorado State University Animal Cancer Center - In addition to treating animals with cancer, the Animal Cancer Center has trained more veterinary oncologists than any other veterinary institution and is the only veterinary cancer group to have more than 28 consecutive years of funding from the National Cancer Institute. It has an international reputation for its collaboration with human cancer institutions such as the National Cancer Institute and the University of Colorado Cancer Center.

The Animal Cancer Center manages numerous clinical trials for cancer

treatments, with pets participating with their owner’s approval in the quest to find new treatments and preventions for cancer. Many clinical trials are translational due to the center’s ability to develop animal cancer treatments, innovations and knowledge into beneficial human medicine.

About Morris Animal Foundation - Morris Animal Foundation is a nonprofit organization that invests in science that advances veterinary medicine for companion animals, horses and wildlife. The foundation is the global leader in animal health science, and its funding support helps more species in more places than that of any other organization in the world. Since its founding in 1948, Morris Animal Foundation has invested more than \$70 million toward more than 2,000 studies, and these studies have led to significant breakthroughs in diagnostics, treatments, preventions and cures for animals. Some of the breakthroughs funded through the Foundation have become gold standards in veterinary care.



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Food Industry Leaders Learn About Sustainability

Colorado State University

Sustainable agriculture. The phrase is gaining traction as farmers and ranchers work to do right by animals, the land and their agricultural heritage - and consumers, meantime, increasingly want to know where their food comes from and how it's raised. But what does "sustainable agriculture" really mean, and what are the critical production practices associated with the approach?

"It's not just a term to make people feel good about a purchasing decision," said Kraig Peel, an assistant professor of animal sciences at Colorado State University and director of the Western Center for Integrated Resource Management. "Sustainable agriculture refers to practices that can be carried into the future - so you're improving the land, improving animal welfare, and improving producer profitability. The last point is important because we want farmers and ranchers to stay on the land, enjoy quality of life, and continue producing food."

To promote the concept and specific sustainability production practices, Peel and colleagues with CSU's Western Center for Integrated Resource Management held

a first-time Sustainability Short Course recently for Niman Ranch, one of the nation's best-known purveyors of high-quality natural beef, pork, lamb, eggs and prepared meats. About four dozen employees and customers from across the country attended the two-day training for Niman Ranch, which is headquartered in the San Francisco Bay area, with key operational offices in Denver.

Niman Ranch sources its products from some 700 independent farmers and ranchers in the United States, and sells branded products to grocers and restaurants, including Chipotle Mexican Grill, Snooze an A.M. Eatery, Sprouts Farmers Market and Whole Foods Market. "The ultimate goal is to think about sustainable agriculture and to formulate an expectation throughout our organizations, so we all start to have a common expectation about sustainable agriculture," said Jeff Tripician, executive vice president for Niman Ranch.

The Sustainability Short Course will draw from multiple scientific disciplines and will start from the ground up: with a focus on soils, water, carbon and nutrient cycles. That's important, Peel said, because ecology is at the root of sustainability. Course participants also will learn about animal production systems in the United States, as well as managing risk in agriculture; they'll even learn about insurance and pricing tools.

Contributing to the short course will be faculty members from the CSU Departments of Animal Sciences, Soil and Crop Sciences, and Agricultural and Resource Economics. "I hope our participants will have a better understanding of sustainable agriculture from the ground up, so they aren't just selling a cut of meat but understanding what it takes to produce that cut of meat - and that there's a right way and a wrong way to do it," Peel said. "This is a growing need and a growing concern." Among its educational programs, CSU's Western Center for Integrated Resource Management offers a master's degree in integrated resource management; an online option is available. For more information, visit www.wcirm.colostate.edu



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How Do You Dispose Of Your Fireplace Ashes?

Dear Readers,

With the recent cold snaps we've all been experiencing, especially mountain folks - it is high time to talk about ash safety. Last year a house fire was started simply because the resident put ashes out in a paper container on top of a woodpile. Now I realize most of you know this a bad idea and would never do anything so foolish. But every year new people move into our neighborhoods, whether through renting or buying a home. So this is just a reminder to all of us that we cannot be too careful when it comes to getting rid of ashes.

Besides the fact that ash is proven to be highly carcinogenic and should never be inhaled when you clean out your stoves or fireplaces, the utmost care needs to be taken to protect everything with the safe removal and storage of those ashes. Wearing a filter mask when handling ashes is recommended (or even a bandana over your mouth and nose). Many old-fashioned ash buckets have no lid so don't protect you from inhaling in the toxic particles, get yourself a proper container with a tight fitting lid.

Ashes can stay hot enough to start a fire for at least five days. Putting ashes into anything other than a metal container with a lid and letting it sit for more than a week is the best policy to be certain the chance of a spark igniting from contact with those ashes is gone. The best way to make sure your ashes are safe to dump out is to let them remain in the metal container until you need to clean out the stove or fireplace again...which will probably be more than a week.

On your own property it is probably a good idea to dig as deep a hole as possible- 2-3 feet and away from everything (wells, leach fields) as much as possible in the summertime for your ashes in the wintertime. Place a stick upright in the dirt to note the location, (and to be certain no one steps into

it and breaks an ankle) for when we have plenty of snow - and if the hole gets covered with snow, dig it out to put the ashes in, then cover it back with snow over the ash. A good size hole can handle an entire winter of ashes.

If you have a dumpster or trash hauler, be considerate and contain the reliably cold ashes in something that won't allow the wind to catch them or let them be spread around when the trash is being hauled away.

I know this all sounds like common sense, but you would be amazed at how often ashes get put into paper bags and left on a wooden deck only to be the cause of a fire. If you talk to new mountain neighbors, bring up the subject to see if they are burning wood or pellets and ask what they do with their ashes. It never hurts to give some valuable advice that may save lives and property. A metal container with a lid is the best housewarming (pun intended) gift a mountain resident can give or get.
Editor



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Join the CCCFPD as a Volunteer Firefighter Or Wildland Team Member

The personal rewards and satisfaction received from the fire and rescue service are often beyond description. There is a tremendous sense of accomplishment after knocking down a structure fire or controlling a wildland fire, compassion for accident victims and those in need of emergency medical care, and a strong sense of pride knowing that you have helped your community. Joining the Coal Creek Canyon Fire Protection District (CCCFPD) as a volunteer firefighter is a serious decision and involves a profound commitment. In addition to a desire to help people, you also need courage, dedication, assertiveness, and a willingness to face new challenges. We hope that you are up to the challenge and apply for membership today.

Membership Requirements

Membership to the CCCFPD is open to anyone who meets the following qualifications:

- Is between 18 and 60 years old
- Resides within the District
- Has a current, valid Colorado Driver's License
- Has a high school diploma or equivalent
- Is in good physical health (e.g., able to lift and carry up to 100 pounds at waist height)

General Membership Benefits

Free Training: All firefighting, rescue, and emergency medical training is provided. Learn new skills that will benefit you for the rest of your life.

Pension Benefits: Volunteer firefighters with ten or more years of service are eligible to receive a Retirement Pension (the amount is based on length of service).

Leadership Skills: Benefit from the opportunities for advancement and leadership responsibilities on the operational and administrative side of the CCCFPD.

Social Gatherings: Enjoy socializing with the other CCCFPD members at the annual Firefighter's Recognition dinner, the summer barbecue picnic, and potluck holiday party.

And much more: Be active in your community, meet new neighbors and friends, and learn new areas of Coal Creek Canyon.

Call 303-642-3121 for the complete CCCFPD Membership Application Packet.

All applicants must pass a Driving Record and Criminal Background check, a Pre-Service Physical Examination (including a drug screen test) by a physician designated and paid for by the CCCFPD.

Trainee Firefighter Requirements

Trainee firefighters have 24 months (2 years) to complete and pass the following initial training requirements:

- Firefighter I Course and HazMat Operations (approximately 200 hours to complete)
 - First Responder Course (approximately 80 hours to complete)
 - Basic Wildland Firefighter S-130/190 Course (approximately 40 hours to complete)
- Ambulance ride-along with a designated ambulance service provider (an 8 to 12-hour shift)
- Qualification on assigned station vehicles and the Ambulance. (This is also ongoing training to verify a member's proficiency in the driving and operation of these vehicles.)

Active Firefighter Requirements

Upon successful completion of the probationary requirements, members then become active firefighters who must meet the following response and training requirements annually in order to retain their active membership:

- Incident Response: Active members must respond to a minimum of 20% of ALL incidents in each calendar year. CCCFPD is summoned to approximately 250 calls a year. About 75% of these calls are medically-related. The average duration of a medical incident is 60 minutes, which includes cleaning, restocking, and refueling the vehicles after each call. Structure and wildland-type fires vary in length.
- Training: All members must have a minimum of 36 fire training hours and 12 medical training hours annually. Fire classes cover structure fire, wildland fire, SCBA, and HazMat training. Medical classes cover basic life support skills, CPR, AED, bloodborne pathogens / contaminants, and ambulance training.

Wildland Team Member Requirements

Wildland team members respond to incidents involving wildfires within the District, as well as mutual aid requests to support wildfire suppression efforts in Jefferson, Boulder, Gilpin, Clear Creek & Larimer Counties. Wildland incidents can be large in scale and complexity, and wildland team members are expected to commit to 12 to 24 hour shifts when responding to an incident.

All Wildland Team Members must meet the following:

- Complete a 40+ hour basic training course (S-130/190)
- Maintain a current American Heart Association (AHA) CPR certification
- Pass an arduous level physical agility test (pack test) annually. The pack test is a three mile walk carrying a 45 pound pack that must be completed in 45 minutes.
 - Attend an 8-hour wildland refresher course (RT-130) annually
 - Attend an additional 4 hours of relevant in-district training annually

Ongoing in-house training classes are provided as follows:

- Fire Training is generally held on the first Saturday of the month at 8 a.m. during the winter (November through April) and on the first Wednesday of the month at 7 p.m. during the summer (May through October). This training covers a wide range of topics necessary for dealing with structure fires and motor vehicle accidents.
- Station Training is held on the second Wednesday of each month at 7 p.m. This training helps you become familiar with the trucks, people, and equipment at your assigned station.
- EMS (Emergency Medical Service) Training is held on the third Wednesday of each month at 7 p.m. This training covers a wide variety of topics necessary for performing basic life support (BLS) skills.
 - Wildland Fire Training is held on the fourth Wednesday of each month at 7 p.m. This training covers a wide variety of topics necessary for dealing with wildland fires.

**Call 303-642-3121 for a CCCFPD membership application today.
The application period ends February 28, 2013.**

Bridging The Gap

By Melissa E. Johnson

*“Here’s to the crazy ones. The misfits. The rebels.
 The troublemakers. The round pegs in the square holes.
 The ones who see things differently.
 They’re not fond of rules. And they have no respect
 for the status quo.
 You can quote them, disagree with them,
 glorify or vilify them.
 About the only thing you can’t do is ignore them.
 Because they change things.
 They push the human race forward.
 And while some may see them as the crazy ones,
 we see genius.
 Because the people who are crazy enough to think they
 can change the world, are the ones who do.” ~Apple, Inc.*

I think most of the time what we really want is a little bit of peace and quiet, a little bit of tranquility, prosperity,

ease, understanding, relaxation and just the feeling that we’re okay; that everything is okay. And often what we get is a whole bunch of aggravation, irritation, confrontation, conflict, difficulty, challenge, and, well, one sort of problem after another in spite of our desire for comfort and ease. Before we know it, this dis-ease pulls us this way and that in conflicting directions. So we have to ask ourselves, am I going to take the battle bait or am I somehow going to rise above it? Yet, even when we do nothing there’s this nagging feeling that we cannot do what we would like to do about these factors which exacerbates things quite intensely.

On the one hand we may feel that we want to make a clear and determined move to do something about “it”- drawing a line in the sand, making a point and saying, no, I don’t want to have this anymore; yes, I want to sort this out; I want to move on from this; I want to clear this up and I want to change something that can’t possibly continue for another moment in its current form. This desire for change is both admirable and appropriate, because the opportunity for change always exists; it’s what spurs us into action. Yet the speed at which change can come about is the unknown factor. If we push too hard too fast, not only do we face extreme burnout and disappointment, we’re likely to miss something critical to our long-term success; maybe we leave behind someone or something that ought to come with us on the next leg of our journey. Perhaps we end up with dissent instead of support.

Keep this in mind as you consider your own goals, resolutions and, perhaps, shortcomings in the coming year, and as we look to our leaders to make it all better following the Fifty-Seventh Presidential Inauguration and the swearing in of President Barack Obama to a second term in office.

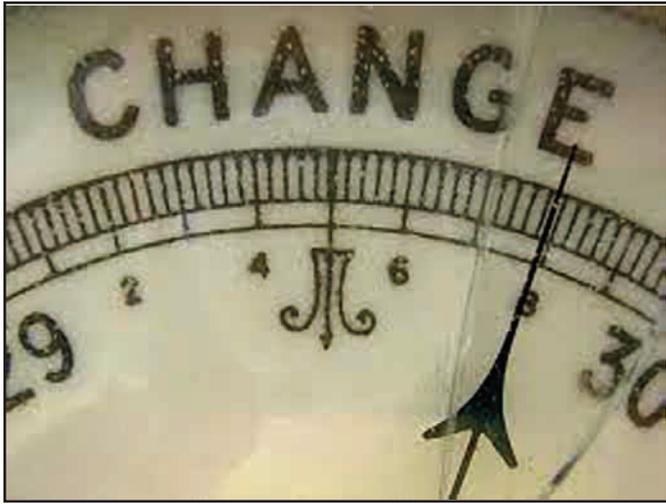
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Real change-thoughtful change-takes time. The longer I live and the more I experience of the world the more I tend to fall in line with the science fiction writers who have long maintained that time is not necessarily a linear thing. We see it as something that has a beginning, middle, and an end. We see time as something that we’re walking down a path away from; “leaving the past behind us” and looking towards the future.

But perhaps time isn’t such a straight shot. Maybe it’s more of a circular thing or a spirally thing and instead of darting ahead, trying to get from where we are now to where we think we need



to be by forging a direct path forward, we should be looking back to our past-to our history, to a casebook that we think has been closed-and reinvestigate some things that we thought were done and see what else might be there for us to learn from; and how by re-writing our history or changing our perspective from what's gone before we can empower ourselves, individually and collectively, for the future.

So take a deep breath and another deep breath and then one more. Never mind about moving anywhere quickly. We

Highlander Wisdom

must ask ourselves, what can wait? Why can't it wait? What's so terrible about the current situation if it were to carry on a little bit longer? I'm not suggesting a course of apathy or retreat, but rather that we pace ourselves and get it right. Remain calm. And put our confidence into something that we have every reason to be confident about, namely, about our ability to bring about the right kind of change at the right time. We may not get it all at once but great change is attainable when we're part of the solution.

Melissa is a writer, photographer, artist and lawyer. Read more on her blog at www.HeartLaw.blogspot.com, or visit her website at www.MelissaEJohnson.com.

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Top Left: Chase. Top Right: Cover horse - Sampsom. Bottom Right: Lil'bit with a Christmas gift, a nice rug with her usual sentiment - It's about TIME you got home.



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Single Stream Recycling

Coming to Local Drop-off Centers and Mountain-Area Transfer Stations

New processing equipment at recycling and transfer centers have been converted to single stream and cardboard bins, allowing for faster processing and no need for resident sorting.

Beginning last month, Boulder County residents can avoid having to sort recycling materials by type when using any of the county's drop-off centers or transfer sites. New equipment and strategies at the Boulder County Recycling Center now allow for easier, faster and more efficient recycling operations.

Specifically, the Niwot and Lyons drop-off centers, the transfer stations in Allenspark and Nederland, and the drop-off area at the Boulder County Recycling Center, have been converted to single-stream recycling, making it easier for county residents to recycle acceptable items by eliminating the need to separate their recyclables.

Note: It is imperative that residents drop-off only approved items for recycling at any drop-off center or transfer station. Go to www.BoulderCountyRecycles.net for a complete list of acceptable items.

New equipment added last summer has also considerably improved the efficiency of recycling in the county. Rearrangement of equipment will allow all recycled material to pass through every piece of equipment at the Boulder County Recycling Center, placing the burden of sorting on the machines.

The new equipment can now separate glass from paper, improving the quality of the paper being sent to market. In addition, glass and paper are no longer mixed with containers, making the sorting of containers quicker and easier.

The new equipment also allows the Recycling Center to recover shredded paper more efficiently. This will give residents the opportunity to recycle their non-bagged, loose shredded paper at the drop off and transfer stations or add it to their curbside compost.

These improvements by the County have reduced the facility's annual operating costs by approximately \$340,000. These savings will allow the county an anticipated return on investment in approximately 4.5 years.

Corrugated cardboard boxes will continue to have a separate collection box due to their size and the ease with which they are handled at the

Recycling Center. For tours of the facility (groups of 20 or more) please call 720-564-2226.
-BoulderCountyRecycles.net-

Editor's Note: President of the CCCIA Board replied to my inquiry regarding our Coal Creek Canyon Green Box by saying it would probably return sometime soon, but nothing is set in stone.

This information coming out of Boulder County, i.e. this article - continues to signal that our canyon community needs do not warrant their notice. Historically canyon population numbers that are strictly Boulder County are small enough for us to be ignored. This is an unfortunate fact of life and should increase our 'best use' of a Green Box whenever it appears in the parking lot of the CCCIA. Please only recycle what is listed acceptable and help to monitor others' compliant usage whenever you can.



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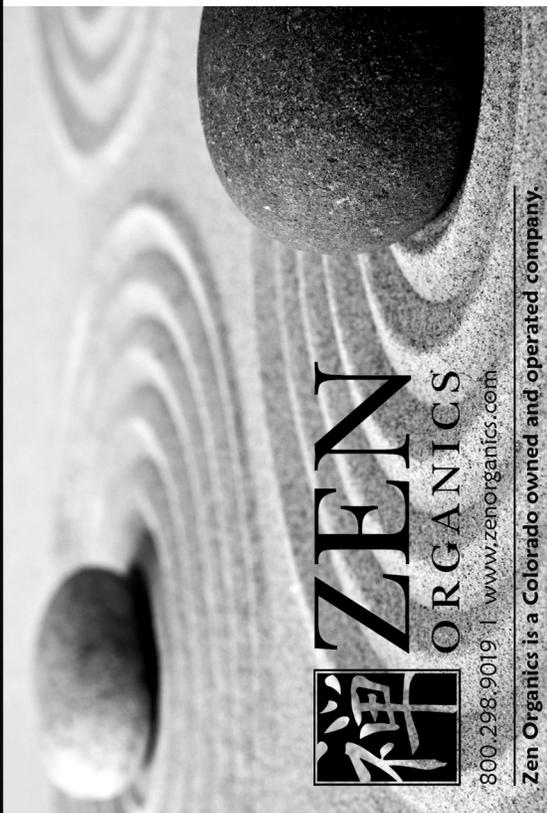
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Big Water Projects

Big water projects should make Westerners queasy
By *Sharlene Leurig*

Across maps of the arid West, expensive water pipelines are being plotted to meet the region's profound need for water. Among those under serious consideration are a 263-mile pipeline to bring eastern Nevada water to Las Vegas, southwestern Utah's 139-mile Lake Powell pipeline, and the 500-mile Flaming Gorge pipeline from Wyoming to Colorado. Each would cost billions of dollars. But what if there's not enough demand for water to pay for these projects?

This might seem like an implausible question in a region defined by growth and expansion for over a century. But in fact, demand for water is falling in many parts of the country. Between the 1970s and the late 2000s, the amount of water used by American households fell everywhere - by tens of thousands of gallons each year in Phoenix and Seattle, to nearly 100,000 gallons a year in Las Vegas. The trend is due to a slew of reasons, including smaller households, water-efficient indoor fixtures, conservation programs and the protracted economic slowdown that devastated housing markets, especially in the West.

But even with the economic recovery and projected population growth in many Western cities, the tendency to assume that household use will stay steady is demonstrably out of line with reality. Declining demand has surprised many water-system managers and created complex financial challenges for ensuring future water supplies. For those systems planning to finance multibillion-dollar projects, the challenges are especially daunting.

Like those in the rest of the country, Western water projects are typically financed by issuing bonds to cover a project's upfront costs. The subsequent debt and interest costs are then repaid to bondholding investors using revenues the water utilities generate by selling water. The arrangement worked well when the federal government bankrolled most projects. But those days are over: Federal funds have largely dried up.

That means water utilities must assume far larger debt obligations to finance big-ticket projects. It also means they need to sell more and more water, and at higher rates, to repay those debts. For water-challenged cities like Las Vegas and San Antonio, which have seen the benefits of strong water conservation programs, this creates a financial catch-22. Las Vegas was an early pioneer in demand management, when, in the 1990s, it began rewarding homeowners for tearing up their lawns and replacing the grass with desert vegetation. The program

was a big success, reducing water demand by 18%.

To help offset this evaporating demand, Las Vegas turned to connection fees paid for by new households that were added to the system. But when the housing market stalled, that lucrative revenue source plummeted. Las Vegas saw its water connection fees from new housing starts fall to \$3 million in 2010, from a peak of \$188 million during the housing boom. As a result, the Southern Nevada Water Authority has recently begun allowing customers to replant the lawns they were once paid to tear up. It's a short-term revenue fix that only contributes to the region's dire water-supply shortage.

So how necessary are some of these hugely expensive proposals, especially when demand management has proven effective in reducing water-supply pressures? Moreover, if water managers push ahead in building these expensive projects, what financial risks will ratepayers and investors have to take on? For those thinking the risk scenarios are implausible, take a look at the Las Vegas Valley Water District. Nearly \$2 billion of its bond debt was downgraded in 2011, due to the double whammy of declining water sales and emergency capital expenses to finance a massive new intake pipe from water-deprived Lake Mead.

Consider as well Colorado Springs, whose water system was placed on a credit watch last March in light of the slow economic recovery, rising water rates and a nearly \$1.5 billion capital program to build a new pipeline, which will pump water from a tributary of the Mississippi River. Lessons can also be learned from Australia, which responded to severe water shortages by financing a bevy of expensive new water desalination plants. Today, four of the six plants have been placed on standby due to declining water demand, triggered in large part by higher water rates necessitated by the projects' costs.

The nation's first large-scale desalinization plant in Florida faces a similar problem. Here's the bottom line: Price-sensitive demand, growing populations and climate change trends are creating unprecedented challenges to our Western water resources. How water managers solve these challenges - and pay for them - should be less about pie-in-the-sky solutions and more about old-fashioned thrift.

Sharlene Leurig is a contributor to Writers on the Range, a service of High Country News (hcn.org). She is a water-financing expert at Ceres, a national nonprofit group based in Boston that advocates for business leadership on climate change.

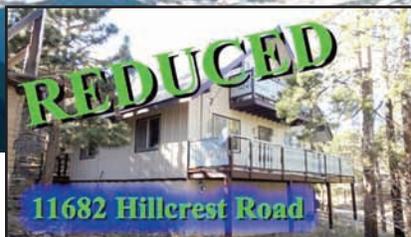
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Admitting Ignorance Can Be A Good Thing

By Pat Wray

At the risk of sounding like I'm a bubble or two off plumb, I'd like to ask our natural resource decision-makers to try something new as we start 2013. I'd like them to decide things based on what they don't know, rather than on what they do. If it seems counter-intuitive to plan the future on a lack of knowledge, please consider the record we've compiled so far, starting in the Northwest. After using gillnets and fish wheels to decimate the almost limitless salmon runs of the Columbia River during the 1800s, we used what we knew - commonly referred to as the "best available science" - to build hatcheries and hatch billions of eggs. The best available science held that all salmon of a given species were essentially the same, so there was no attempt to release the fry and smolts into their natal streams.

After more than a century of developing fish that were progressively weaker, more prone to disease and more vulnerable to predation than their wild cousins, we finally began to use modern hatcheries to supplement wild runs, rather than replace them. Perhaps in another century or so, we'll be able to undo the harm we caused based on what we thought we knew.

While we were destroying the greatest run of salmon on earth, we were also beginning a frenzied search for precious metals. That search left great scars on the land, turned streambeds inside out, and polluted waterways that are still a mess today. In fairness, I doubt the scientists of the day even pretended to know what to expect from large-scale mining. By the mid-20th century we knew better, though, and began implementing controls on older, existing methods. Unfortunately, those controls didn't help us deal with new technology.

Heap-leach mines use a cyanide or sulfuric acid solution to extract gold, copper and nickel from crushed ore. The pregnant solution then drifts down to an impermeable layer where it is collected so the metals can be removed. The scientists, planners and mine owners knew the layer was impermeable ... until it wasn't. They knew there was no

risk ... until there was. Unfortunately, leaks weren't typically discovered until the nearby groundwater was poisoned.

Nowadays, with increased environmental awareness and media coverage, it is more difficult for corporations to damage the environment, but only slightly. Because even if they can't prove their activity is benign, corporations can still say, "If you don't like what I'm doing, prove it's harmful. Until you can provide incontrovertible proof, I'm going to continue, because, based on our best available science, I'm doing no harm. And you're just an hysterical homeowner, environmentalist, troublemaker."

The timber industry has a long history of such attitudes. Although government biologists were raising concerns about old-growth-dependent wildlife species in the 1970s, they were sidelined by the continual demand for data. "There is no definitive data showing spotted owls and marbled murrelets are affected by the loss of old-growth timber," said the loggers. And when the data became available, they simply refocused their argument. "Well, OK. Spotted owls in Northern California are covered by your study, but do we know if owls in Oregon and Washington are affected?"

Because of these delays, the timber companies were able to delay sanctions until they'd harvested all but a tiny fraction of the Northwest's old-growth timber. What if we'd admitted, from the beginning, that we really didn't know much about salmon? Would we have continued to flood the rivers with damaged fry and smolts? Or might we have stopped and taken a look around and decided that maybe Mother Nature knew somewhat more than we did? If the mining engineers had admitted their ignorance of the long-term impacts of their actions, would they have continued to do the damage they did? Or did our utter dependence on the best available science cause them to push forward?

Would a little humility, a little uncertainty, have slowed the timber industry down, made its decision-makers question themselves and their legacy? Now consider fracking — hydraulically fracturing the earth's crust in a massive search for oil and gas. Wouldn't it be more prudent to approach something as potentially catastrophic as fracking by taking it slowly for a few years, thereby giving us time to evaluate the risks? Instead, the oil and gas companies are fracking wherever they can, full-speed ahead, just as if they really had a clue about what they were doing and what might happen in a serious accident. "There is no proof of any danger to water supplies," they say, "and no proof of any danger of earthquakes. And if you don't like it - show us your data."

Pat Wray is a contributor to Writers on the Range, a service of High Country News (hcn.org). He writes in Corvallis, Oregon.



MCA Denver Announces Spring Exhibits

Artist Karen Kilimnik reimagines the world of ballet and theatre through paintings, collages and set designs.

The Museum of Contemporary Art Denver (MCA Denver) presents a solo exhibition of acclaimed American artist Karen Kilimnik. ***Dance Rehearsal: Karen Kilimnik's World of Ballet and Theatre*** continues Kilimnik's longstanding fascination with classical and romantic story ballets and historical theatre. ***Dance Rehearsal*** will be on view at MCA Denver from **March 2, 2013 through June 16, 2013**.

Featuring over 30 works from the late-1980s to the present, ***Dance Rehearsal*** features Kilimnik's many diverse styles and mediums - from figurative drawing to mixed media installations, collage, photography, and video, as well as more recent forays into set design and choreography. Throughout Kilimnik's career she has reinterpreted sources ranging from fairy tales, mysteries, books, TV shows and ballets. The exhibition highlights her longstanding engagement with both Old Master paintings and the ballets of the 17th and early 19th-centuries. Her works reimagine historical figures and suggest parallels to contemporary pop culture.

Dance Rehearsal: Karen Kilimnik's World of Ballet and Theatre is organized by the Mills College Art Museum and supported by the Joan Danforth Art Museum Endowment. The exhibition is curated by Melissa E. Feldman.

Dance Rehearsal: Karen Kilimnik's World of Ballet and Theatre opens to the public Saturday, March 2 with an all-day celebration coinciding with the museum's monthly Penny Saturday event. On the first Saturday of every month, admission to the museum is just 1¢. There will be activities celebrating the exhibition throughout the museum.

Also this season, Denver artist Tyler Beard will present a new body of collaged sculptures and paintings in the Whole Room. Playing with color relationships, geometric forms, and incongruous content, Beard offers a pared-down visual vocabulary that is both quirky and sophisticated. The exhibition runs February 8 through April 7, 2013.

Exhibition Support-These exhibitions are sponsored in part by the MCA Denver Director's Vision Society members and the Andy Warhol Foundation for the Visual Arts. MCA Denver also thanks the citizens of the Scientific and Cultural Facilities District.

About MCA Denver -The Museum of Contemporary Art Denver (MCA Denver) is a non-collecting institution acting as an incubator for art and ideas, artistic exchange and dialogue. In 2007, eleven years after its founding, the museum opened a new David Adjaye-designed building in Lower Downtown Denver. MCA Denver presents exhibitions featuring local, national and international artists, as well as offering ongoing public programs that explore the relationship between art and contemporary life.

Museum Location, Hours and Ticket Prices -MCA Denver is located at 1485 Delgany on the corner of 15th Street and Delgany in Denver, CO. The telephone number is 303 298 7554. As of May 29, Museum hours are Tuesday through Thursday NOON-7PM, Friday NOON-8PM and Saturday & Sunday 10AM-7PM. The museum is closed Monday. General admission to the museum is \$8 for adults; \$5 for college students (with student ID), seniors (65+) and military; \$3 for teens (13-18); \$1 for children (7-12); and FREE for children 6 and under. Members are always FREE.



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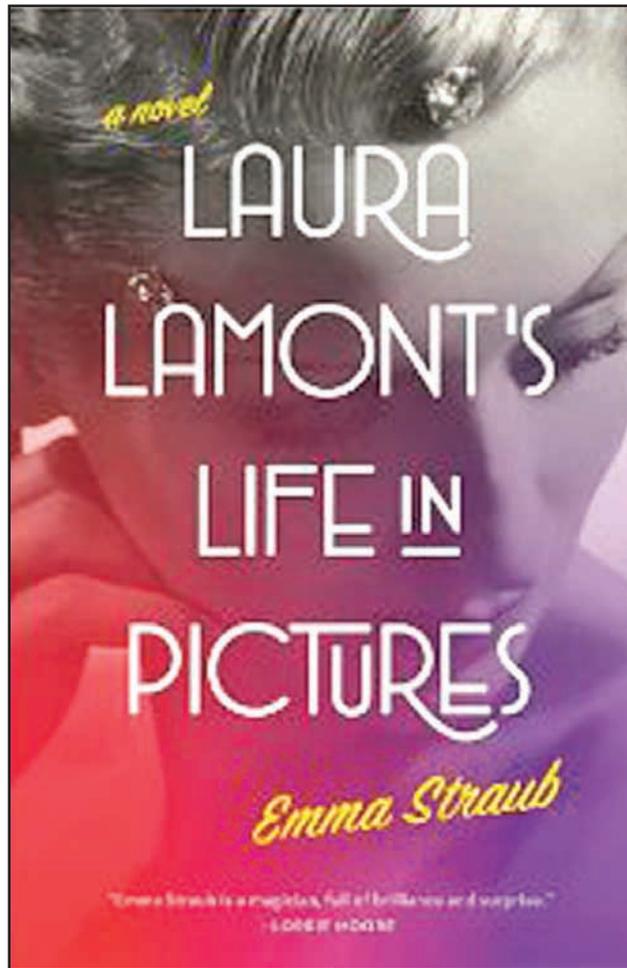
By Tracy Reseigh

Laura Lamont's *Life In Pictures* is the debut novel by Emma Straub. The story begins in 1920's Wisconsin, where Elsa Emerson lives with her family, the proprietors of a local playhouse. The story follows Elsa on her lifetime journey of love, loss, glamour and the glory of becoming an actress.

Elsa Emerson is the youngest of the Emerson sisters. Her parents run a successful mid-west playhouse, and she is anxiously awaiting her first official acting part in one of the productions. She gets her debut, and subsequently tragedy strikes the Emerson family.

Following her debut role and the family tragedy, Elsa realizes how desperate she is to shed her mid-west life and move to Hollywood for a world where she can play any character other than the sweet mid-west farm girl that she is raised to be.

Her ticket to Hollywood is a young man who has a



summer job at the playhouse. They get married and head to Hollywood on a bus. Her husband finds minor success in acting, and the biggest studio in Hollywood hires him. Elsa is putting her acting career on hold to raise her children, but on a rare night out, her husband's boss, Hollywood mogul Irving Green, discovers her.

Green re-invents Elsa, changes her name to Laura Lamont, and turns her into a dark-haired, sexy, mysterious actress who becomes one of the biggest screen icons in the business. Elsa marries Green and they share a life of raising children, protecting the movie studio, and cultivating her career.

Although Elsa loves her children and her husband, she is forever struggling with her identity as a mother, a daughter and a wife. Furthermore, she is constantly trying to find the

balance between Elsa Emerson's life and Laura Lamont's life. The juxtaposition of Elsa trying to become Laura

Lamont while remaining Elsa Emerson is what makes this story so enjoyable.

Laura Lamont's Life In Pictures is a book for readers who enjoy movies, and old Hollywood glamour. Straub reinvents Hollywood's golden era and then inserts a naïve young woman looking to make all her dreams come true right into the thick of it. Elsa Emerson gives up her life to become Laura Lamont, only to discover that her journey ends when she finds the balance between them both.

Published by Penguin Group, this book is available in hardback at Barnes & Noble for \$13.47 - you can also read an excerpt at www.barnesandnoble.com and find it used at Amazon.com

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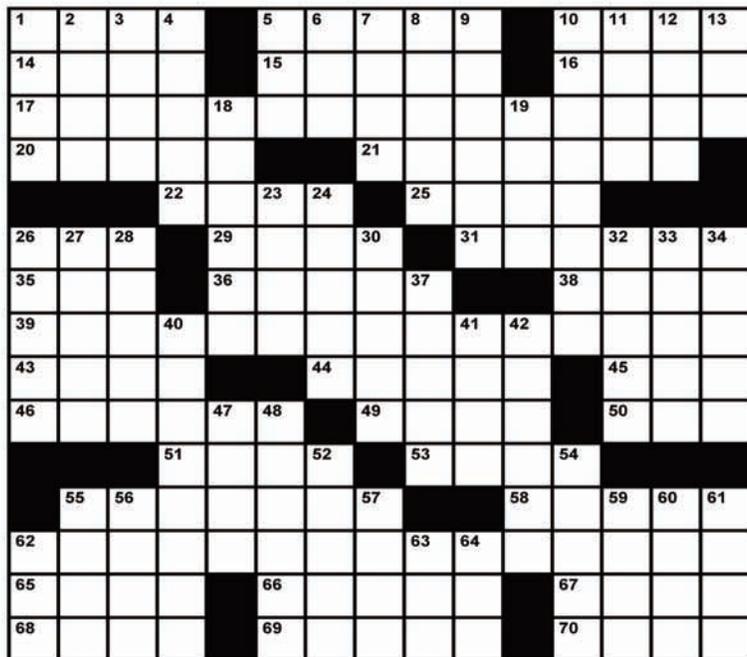
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by Myles Mellor



Across

- 1. Driven transport
- 5. Jewish teacher
- 10. Kind of instrument
- 14. "By yesterday!"
- 15. Betelgeuse's constellation
- 16. "Cogito, ___ sum"
- 17. Rarely
- 20. Back
- 21. Outdo
- 22. Annexes
- 25. Dates
- 26. Chop (off)
- 29. Piques
- 31. Can't stand
- 35. "The ___ Daba Honeymoon"
- 36. Andrea Doria's domain
- 38. Arabic for "commander"
- 39. Fab Four film
- 43. Otherwise
- 44. Character
- 45. Poetic meadow
- 46. Mideast capital
- 49. Goose speech
- 50. Time zone
- 51. Froth

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- 53. Big laugh
- 55. Astronomer
- 58. Choker
- 62. Destination of the disgruntled?
- 65. Dirty coat
- 66. Sea gear
- 67. Ball field covering
- 68. Barley beards
- 69. 1980's-90's ring champ
- 70. Cut down

Down

- 1. Golden Triangle country
- 2. "___ She Lovely?"
- 3. Disabling spray
- 4. "La Bohème," e.g.
- 5. Howard of "Happy Days"
- 6. Victorian, for one
- 7. Food collectors?
- 8. Dense mass
- 9. Accustomed
- 10. Learn again
- 11. "Aeneid" figure
- 12. These may be inflated
- 13. Family head
- 18. Deep blue
- 19. Old weapon
- 23. Attracted
- 24. Taste, e.g.
- 26. Cake part
- 27. Ancient editorial marks
- 28. Buddy-buddy
- 30. Pole position?
- 32. "South Pacific" hero
- 33. Trig functions
- 34. Foot the bill
- 37. Dislike intensely
- 40. Flyers
- 41. Like old recordings
- 42. Obliquely
- 47. Slay
- 48. Most healthy
- 52. Compassion
- 54. Licks
- 55. Cultivate
- 56. Long, long time (var.)
- 57. Sonata, e.g.
- 59. Daunting exam
- 60. "Buona ___" (Italian greeting)
- 61. Glimpse
- 62. Fed. construction overseer
- 63. Blood group system
- 64. Gabriel, for one

Highlander Recipe

Easy & Delicious Pancakes From Scratch

Homemade pancakes from scratch are easy, delicious and healthy. This is a recipe for blueberry

pancakes; makes four plate size pancakes (but can easily make 6-8 smaller pancakes). One-cup whole-wheat high altitude flour (or gluten free and whole wheat pastry flour work

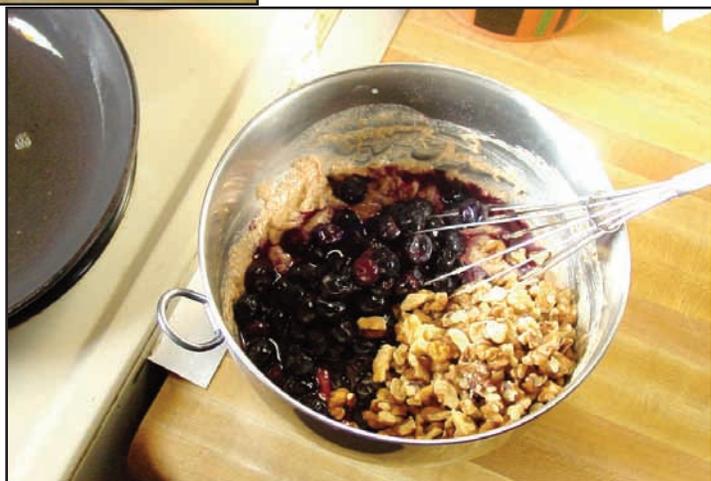
well), two teaspoons baking powder, one-teaspoon cinnamon and one-third cup flax seed meal - stir together with whisk.

Add one egg, one cup almond milk (or soy, regular, rice milk) and mix well with whisk. Stir in one cup

defrosted frozen blueberries or fresh blueberries (rinsed well) and add nearly one-cup walnuts (pecans, slivered almonds or sunflower seeds taste great too).

Once you've mixed all the ingredients together you may add more milk to get the best consistency; thick pancake batter makes for denser pancakes and if you add a bit of milk stirring after each addition until you get the batter thin enough your pancakes will turn out thinner but fluffier.

Have a nearly hot oiled griddle



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or cast iron skillet (pictured here is a ceramic coated cast iron skillet with sprayed on canola oil).

Pour batter onto hot surface and let cook on medium heat until either the top bubbles pop and gets dryer or the pancake on the skillet side is turning brown, then flip with spatula and wait until the bottom surface

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Highlander Recipe



under the skillet to allow the batter to cook in the middle of the cake too. The batter is best used up right away and any leftover pancakes are great re-heated after being refrigerated. In a microwave put between two plates and heat in 30 second increments until the desired heat is achieved or slowly in a dry cast iron skillet on low medium heat turning often.

You can use mashed bananas or canned pumpkin instead of

blueberries for a nice change and all taste best with pure maple syrup on top of a pat of real organic unsalted butter.



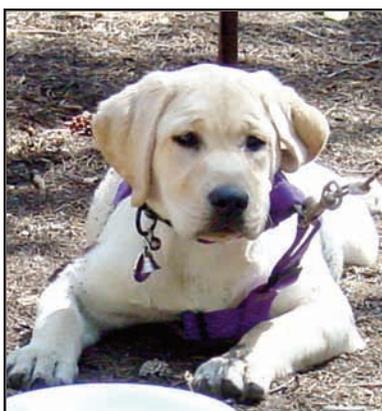
turns brown.

If your pancakes don't cook all the way through the middle your heat is too hot and you can use a diffuser

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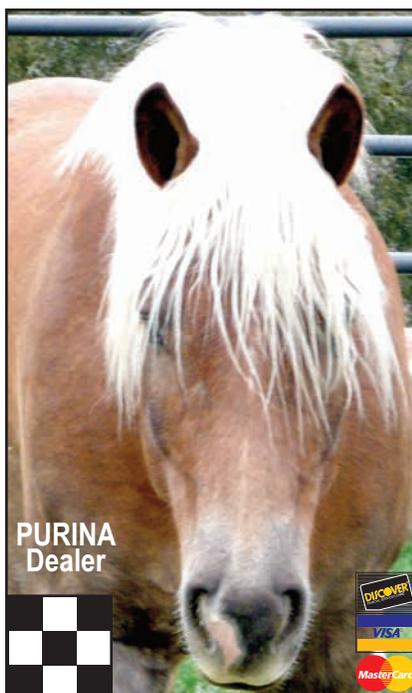
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Journalists In The Service Of Pete Peterson

By Kevin C. Brown - Remapping Debate

Each spring since 2010, some of Washington's A-list politicians assemble in the capital to submit to questions from some of the media's A-list journalists on the future of the federal fiscal policy.

These interviews, though, aren't conducted on the steps of Congress, in the Washington bureaus of the nation's newspapers, or in the television studios of major networks, but rather at private "Fiscal Summits" convened by Peter G. Peterson, the billionaire former commerce secretary and co-founder of the Blackstone private equity group.

"It seems to me as a layman that that [the crisis of 2008 and 2009] did not produce the kind of sense of 'we need to put our house in order, we need to talk more about sacrifice, we need to look at the long-term,' and my personal analysis is the reason is unemployment did not reach a high enough rate." - Jon Meacham, 2010

Peterson, however, is hardly a disinterested and dispassionate observer of such discussions. In fact, he is now beginning his fourth decade of arguing that there is no alternative to enacting "entitlement reform" (read: cut Social Security and Medicare) and "tax reform" (read: raise regressive taxes and lower progressive ones) in the name of curbing the country's "unsustainable" debt and deficits.

An essential and successful element of the Peterson strategy is to create an environment where it is widely if not universally believed that there is no alternative to his vision. In this view, it's "not realistic" to believe the

country can afford the same programs it once did. Those who are prepared to be "adults" will look at these "hard truths" without flinching and recognize that it is time to take citizens-have-to-do-with-less medicine.

The conceit is that those with "courage" will see past narrow, partisan concerns and embrace an ideal: a bipartisan consensus that has the strength to demand "shared sacrifice" from a childish and selfish populace. A review of the proceedings of the Fiscal Summits of the last three years makes agonizingly clear that most of the journalists who conducted interviews or moderated panel discussions both reflected and amplified the Peterson worldview - entirely unselfconsciously, it would seem.

So, for example, Lesley Stahl, the CBS "60 Minutes" reporter, was fully a part of the Erskine Bowles and Alan Simpson deficit-cutting team during her interview with both men: "You are going to have to raise taxes and cut things, big things, put restrictions on Social Security. Everybody knows that."

Virtually none of the reporters thought to ask about or suggest an alternative path, such as preserving Social Security benefits and bolstering the system's reserve by raising the cap of wages subject to Social Security taxes (currently annual wages above approximately \$110,000 are not subject to any Social Security tax).

And most questioning proceeded either on the false assumption that deficits were derived from excessive spending on entitlements or as though they had mysteriously, but inevitably, come to pass.

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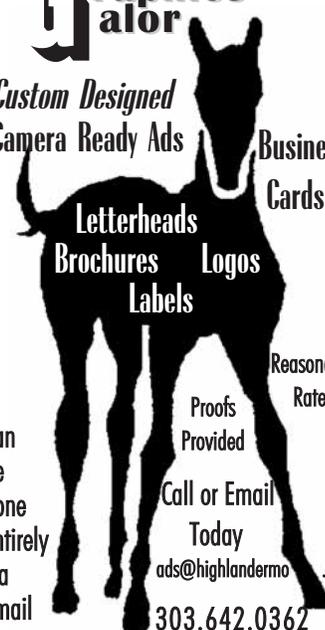
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Over the course of the three years of fiscal summits that Remapping Debate examined, the other journalist interviewers and moderators hewed strictly to the conventional Peterson wisdom.

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Many journalists fairly shouted their personal desire to see greater cooperation and “compromise,” with groups realizing the importance of submerging their interests to the greater good. Who should do the submerging? In 2012, Tom Brokaw had a suggestion in the form of a question to former President Bill Clinton: after Wisconsin Governor Scott Walker pushed through a bill undermining the right of union members to collectively bargain, shouldn’t those workers have just sat down and negotiated with Walker as, Brokaw said, “has been traditionally done in this country” instead of “gather[ing] outside the capitol?”

There were a couple of exceptions to the rule. In a session moderated by Ezra Klein of the Washington Post in 2011, Klein posed a number of questions that reflected an unwillingness to operate from within the Peterson framework. For example, Klein asked New York Times columnist David Brooks whether, instead of blaming Americans for simply wanting benefits without paying for them, the causes of the debt should be located in the Bush tax cuts, two unfunded wars (Iraq and Afghanistan), and the federal government’s emergency response to the financial crisis.

Judy Woodruff, of the PBS NewsHour, generally asked questions from within the Peterson frame, but, at one point in 2012, posed a question that perhaps all the journalists should have been thinking about as well. She asked Rep. Christopher Van Hollen, Jr. (D-Md.) if “Democrats like you, by participating in forums like this one that is all focused on austerity, on cutting the deficit and the debt... really become also window dressing for a conservative agenda that is anti-jobs and anti-recovery and wrongheaded economics?”

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Airplane Exhaust- Tips For Healthy Pets -Rivers

Dear EarthTalk: Why is it that airplane exhaust is so much worse for the environment than engine emissions on the ground? - Winona Sharpe, New York, NY

While air travel today accounts for just three percent of worldwide greenhouse gas emissions, the carbon dioxide (CO2) and other pollutants that come out of jet exhaust contribute disproportionately to increasing surface temperatures below because the warming effect is amplified in the upper atmosphere.

The Intergovernmental Panel on Climate Change (IPCC), a scientific intergovernmental body set up by the United Nations (UN) to provide comprehensive scientific assessments of the risk of human-induced climate change, reports that CO2 emitted by jets can survive in the atmosphere for upwards of 100 years, and that its combination with other gas and particulate emissions could have double or four times the warming effect as CO2 emissions alone.

Modern jet engines are not that different from automobile engines-both involve internal combustion and burn fossil fuels. But instead of gasoline or diesel, jet fuel is primarily kerosene, a common home heating fuel used around the world. Just like car engines, jets emit CO2, nitrogen oxides, sulfur oxides and soot.

Beyond their contributions to global warming, airplane emissions can also lead to the formation of acid rain and smog, as well as visibility impairment and crop damage down on the ground. The U.S. Environmental Protection Agency (EPA) reports that aircraft engines contribute about one percent of total U.S. mobile source nitrogen oxide emissions and up to four percent around airports in some areas.

What worries environmentalists is the fact that the number of airline flights is on the rise and is expected to skyrocket by mid-century, meaning that if we don't get a handle on airplane emissions, our other carbon footprint reduction efforts could be for naught. The U.S. Federal



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Aviation Administration (FAA) reports that commercial flights grew nine percent from 2002 to 2010 and will rise another 34 percent by 2020.

Jet emissions standards are based on guidelines established under the U.S. Clean Air Act and are set by the International Civil Aviation Organization (ICAO). Current standards were created in 1996 and updated in 2006, but environmental leaders want even stricter limits on greenhouse gas and other emissions.

The IPCC recommends funding more research into aviation's effects on climate to guide the development of aircraft and engine technology, promoting more efficient air traffic operations and expanding the use of regulatory and economic measures to encourage emissions reductions.

In regard to economic measures, the European Union (EU) is leading the way with new rules that assess fees on foreign airlines based on their CO2 emissions. The new system, which would require airlines using an airport in Europe to trade for or purchase permits corresponding to the amount of greenhouse gases they emit, was supposed to go into effect in 2013 but has been postponed due to intense opposition from foreign governments which consider it a barrier to trade. EU officials have threatened to put the plan into effect nonetheless if airlines or their governments can't agree on new stricter emissions limitations.

IPCC, www.ipcc.ch; FAA, www.faa.gov; ICAO, www.icao.int.

Dear EarthTalk: What are some tips for keeping my dogs and cats healthy? - Kim Newfield, e-mail

Believe it or not, our pets may be exposed to more harsh chemicals through the course of their day than we are. Researchers at the non-profit Environmental Working Group (EWG) found that pet dogs and cats were contaminated with 48 of 70 industrial chemicals tested, including 43 chemicals at levels higher than those typically found in people.

"Just as children ingest pollutants in tap water, play on

lawns with pesticide residues or breathe in an array of indoor air contaminants, so do their pets," reports EWG. Since they develop and age seven or more times faster than children, pets also develop health problems from exposures much faster, EWG adds.

"Average levels of many chemicals were substantially higher in pets than is typical for people, with 2.4 times higher levels of stain- and grease-proof coatings (perfluorochemicals) in dogs, 23 times more fire retardants (PBDEs) in cats, and more than five times the amounts of mercury, compared to average levels in people," reports the group. Their 2008 study looked at plastics and food packaging chemicals, heavy metals, fire retardants and stain-proofing chemicals in pooled samples of blood and urine from 20 dogs and 37 cats tested at a Virginia veterinary clinic.

"For dogs, blood and urine samples were contaminated with 35 chemicals altogether, including 11 carcinogens, 31 chemicals toxic to the reproductive system, and 24 neurotoxins," adds EWG. This is particularly alarming given that man's best friend is known to have much higher cancer (Continued on next page.)



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rates than humans. A 2008 Texas A&M Veterinary Medical Center study found that dogs have 35 times more skin cancer, four times more breast tumors, eight times more bone cancer, and two times more leukemia per capita as humans. And according to researchers from Purdue University, cancer is the second leading cause of death for dogs, with about one in four canines succumbing to some form of the disease. Meanwhile, hyperthyroidism-a condition which many think is on the rise in felines due to chemical exposures-is already a leading cause of illness for older cats.

In its Pets for the Environment website, EWG lists dozens of ways for pet owners to ensure that dogs and cats are as safe as possible in this dangerous world we inhabit. Among other tips, EWG recommends choosing pet food without chemical preservatives such as BHA, BHT or ethoxyquin, and looking for organic or free-range ingredients rather than by-products. As for drinking water, EWG suggests running tap water through a reverse osmosis filter-either faucet-mounted or pitcher-based-before it goes into a pet's bowl to remove common contaminants. Also, replacing old bedding or furniture, especially if it has exposed foam, can prevent pets from ingesting fire retardants. From avoiding non-stick pans and garden pesticides to choosing greener kitty litter and decking

material, the list of tips goes on.

Taking steps to ensure a safer environment for pets-some 63% of U.S. homes have at least one-will mean a safer world for humans, too. EWG concludes that our pets "well may be serving as sentinels for our own health, as they breathe in, ingest or absorb the same chemicals that are in our environments."

EWG Pets for the Environment, www.ewg.org/PetsfortheEnvironment-earthtalk@emagazine.com.

Dear EarthTalk: How is it that climate change is negatively affecting the health of rivers and, by extension, the quality and availability of fresh water? - Robert Elman, St. Louis, MO

Global warming is no doubt going to cause many kinds of problems (and, indeed, already is), and rivers may well be some of the hardest hit geographical features, given the likelihood of increased droughts, floods and the associated spread of waterborne diseases.

For one, rivers are already starting to lose the amount of water they channel. A 2009 study at the National Center for Atmospheric Research (NCAR) found that water volume in the Columbia River in the Pacific Northwest declined by 14% since the 1950s. This trend is similar in major rivers all over the world.

"Many communities will see their water supplies shrink

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as temperatures rise and precipitation patterns shift,” reports the nonprofit American Rivers, adding that a rise in severe storms will degrade water quality and increase the risk of catastrophic floods.

“Changes in the timing and location of precipitation combined with rising levels of water pollution will strain ecosystems and threaten the survival of many fish and wildlife species.” These shifts will have dramatic impacts, threatening public health, weakening economies and decreasing the quality of life in many places. In the U.S., the number of storms with extreme precipitation has increased 24% since the late 1940s-and the trend is expected to continue.



Another certain impact on rivers is more pollution as more frequent and powerful storms increase runoff from urban and agricultural areas that contain fertilizers, pesticides, chemicals and motor oil. “In older communities where storm water and sewage are transported together in one pipe, heavy storms can overwhelm the system and send raw sewage and polluted storm water into nearby streams and rivers,” says American Rivers. “These combined sewer overflows will grow more frequent as extreme storms increase.”

Lower water flows and rising temperatures compound problems caused by more runoff. “More frequent droughts and shifting precipitation patterns lower water levels in rivers, lakes and streams, leaving less water to dilute pollutants,” says the group. “Higher temperatures cause

more frequent algal blooms and reduce dissolved oxygen levels, both of which can cause fish kills and do significant harm to ecosystems.”

American Rivers reports that the health of our rivers in the face of increasing warming will depend largely on community preparedness. Municipalities that fail to address aging infrastructure “will experience greater increases in storm water runoff and sewer overflows.” And communities that have damaged their wetlands, forests, streams and rivers will have fewer natural defenses to protect against the effects of climate change.

There is much we can do to protect rivers besides reduce our carbon footprints. American Rivers is promoting green infrastructure-an approach to water management that protects, restores or mimics the natural water cycle-as the way to bolster the health of rivers. “It means planting trees and restoring wetlands rather than building a new water treatment plant. It means choosing water efficiency instead of building a new water supply dam. It means restoring floodplains instead of building taller levees.”

NCAR, ncar.ucar.edu; American Rivers, www.americanrivers.org. earthtalk@emagazine.com.



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Guns Are Different For Women In The West

By Christina Nealson

“In Montana, women go around with a baby bottle in one hand and a gun in the other,” quipped a man recently as he sat at the bar in Happy’s Road House, outside of Libby. Unlike the rural Montana women to whom he referred, my introduction to guns didn’t come about because I was surrounded by an avid hunting culture. My experience began in Tucson with phone calls that terrorized me in the middle of the night, coming from a whack-o stranger who threatened me and my 10-year old-daughter.

Realizing that self-defense classes would pale against a lunatic, and faced with a police department geared to response and not prevention, I headed to a gun range in the name of protecting myself. I remember that class over 30 years ago as if it just happened. I’d never touched a gun before. I was a liberal who abhorred violence. I picked up the handgun with sweaty hands and took a deep breath, held it, and squeezed the trigger. It felt like an eternity until the blast. I flinched at the recoil, let my breath go and felt the most amazing wave of power and elation.

All doubts were gone: I was a single parent who could and would protect my daughter. I didn’t have to get close to fight off an intruder who might overpower me. This metal between my hands was the equalizer that made self-defense possible.

Recently, we’ve all seen horrendous gun events, from Anders Breivik mowing down innocent children on an island off Norway (where guns are illegal) to James Holmes who opened fire in a Denver theatre, and the horrendous killing of 20 first-graders and six adults in a school in Newtown, Conn. Every time there’s a massacre, there’s a call to tighten handgun restrictions.

Convicted felons and those with mental health records

should be banned from purchasing firearms. Background checks should be thorough. But we know that these necessary safeguards still won’t protect the innocent from an armed assailant’s intent to harm. Bottom-line: The gun issue is different for women.

According to the Rape, Abuse and Incest National Network, a woman is sexually assaulted every two minutes in the United States. That’s 207,754 a year. While many women opt for protection in the form of Tasers, pepper spray and knives - and bear spray around here - all of these are dependent on staying close to the attacker. You can fire a gun, however, without getting close.

After that fateful day in Tucson, I obtained handgun certification and taught basic pistol for women and a two-day class called “Personal Defense in the Home.” Women, after all, are the keepers of the hearth and home, and around here that includes protection as well as bringing home the bacon, er venison.

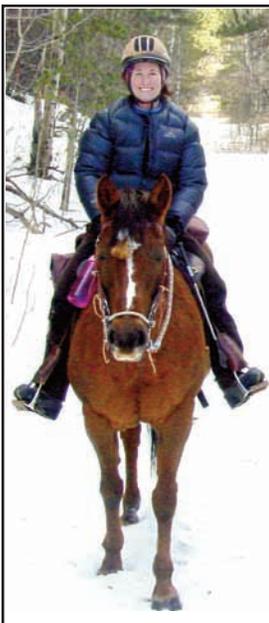
As a Western woman who has lived for years solo in the wilderness and likes to travel the back roads alone, a gun has become my indispensable tool. I’ve shot rounds in the air to chase off bears. When I’ve lost my way, I’ve fired the universal 3-burst distress signal, and I once warned off a threatening male who showed up uninvited at my cabin door in the middle of the night, miles away from police protection.

But most important is the mindset of a woman who knows she can protect herself and her family, thanks to owning a gun and knowing how to use it. A confident attitude is everything, and not only when a direct threat requires an instant, skilled response. Projecting confidence can keep potential threats at bay.

Rapists in prison, the subject of myriad studies, state that when they search for victims they choose a woman who is

not paying attention, the easy mark who walks without confidence. I think also of the women on the streets texting or jabbering away on their cell phones, oblivious to their surroundings. I think of the statistic that 80% of sexual assaults are against women under 30. I walk an independent line - staunchly pro-life in the way the words intend. It’s my body and it’s my decision how to live, whether the question is birth control, pregnancy or self-defense, a baby bottle or morning-after pill in one hand, and a gun in the other.

Christina Nealson is a contributor to Writers on the Range, a service of High Country News (hcn.org). She presently travels the back roads of the West from Taos, New Mexico; her latest book is Drive Me Wild: A Western Odyssey.



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- Don't climb trees that are near power lines and poles—evergreens can disguise dangers this time of year; leaves during the spring and summer.
- Stay far away from power lines lying on the ground. You can't tell if electricity is still flowing through them. If there's water nearby, don't go in it. Water is the best conductor of electricity.
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- Never climb a power pole.

For adults

- If power lines run through your trees, call United Power—tree trimmers with proper protective equipment can trim branches safely.
- Remember that power lines and other utilities run underground, too. Call 811 to have utility lines marked before you start digging.
- Starting that winter cleanup yard work? Sweep dried leaves and debris from outdoor receptacles.
- Upgrade your outdoor receptacles—or any outlets that could come in contact with water—to ground fault circuit interrupters (GFCIs).
- Use only weather-resistant, heavy-duty extension cords marked for outdoor use.
- Don't leave outdoor power tools unattended for curious children or animals to find.

2013 Annual Meeting & Election

Wednesday, April 17
Waymire Dome at the Adam's County Fairgrounds
9755 Henderson Road • Brighton

Registration Opens at 5 p.m.
Meeting & Election 6:30 p.m.

More information at www.unitedpower.com.

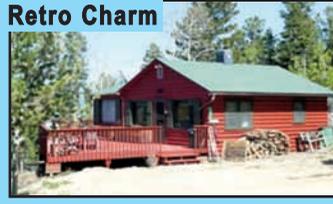


PANCAKE BREAKFAST- SATURDAY 2/9 -CCCIA HALL

VIEWSI!



11536 Coal Creek Heights
Gorgeous Executive Home!
3 BD/ 3 BA. **\$524,900**



33867 Ave de Pines Lane
Perfect Mountain Retreat!
1 BD/ 1 BA **\$169,000**



200 The Lane Road
2 Ac! Beautiful Horse Set-Up
3 BD/ 2 BA **\$249,900**



11794 Vonnie Claire
Loaded with Charm & Character!!
2 BD/ 1 BA 2-Car **\$229,000**



10844 Diane Drive
Exquisite Updated Home
4 BD/ 3 BA 3-Car **\$475,000**



267 N. Beaver
10 Acres - SNOWCAPPED VIEWS!
3 BD/ 3 BA + Office. **\$479,900**



540 Lakeview Drive
Walk to everything in Ned!
4 BD/ 3 BA 2-Car **\$369,000**



11605 Ranch Elsie
Sundrenched Mountain Retreat!
2 BD/ 1 BA **\$169,000**



25 Crescent Lake Road
Perfect Horse Property!
3 BD/ 2 BA. **\$349,000**



11722 Beauty Lane
Views to Twinkling City Lights!
3 BD+Office/ 2 BA **\$299,000**



102 Highpoint Circle
Gourmet Kitchen - Great Location!
3 BD/ 2 BA 1-Car+Shed. **\$319,000**



33080 Janelle Circle
Panoramic Views Abound!
3 BD/ 4 BA **\$339,000**



175 Rudi Lane
Passive Solar + Luxury
3 BD/ 3 BA 4-Car. **\$449,500**

Vacant Land

33966 Nadm Drive - \$75,000
1+ Ac. City Light Views!

11547 Shimley Road - \$39,000
Great Price - City Views!

11883 Lillis Lane - \$164,000
4.6 Ac. Super Solar Potential!

595 Black Gulch Rd. - \$184,900
Spectacular 21.7 Level Acres!

4 Leon Lane - \$46,900
Dream Home Lot!

0 Coal Creek Canyon - \$50,000
Drive cut-in; Septic design done!



101 Kirkwood Way
Thorn Lake Privileges!
3 BD/ 3 BA **\$379,900**



0 Pennsylvania Gulch
17.7 Ac. @ Glacier Lake!
Good Access **\$299,900**



1628 Karlann Drive
Amazing Green Built Solar Home
3 BD/ 3 BA 2-Car **\$319,900**



11777 Brook Road
Wonderful Open Floor Plan!
4 BD/ 4 BA + Loft/Office. **\$399,999**



Buy or Sell a Home With Me, And Use This Truck for FREE!



Kathy Keating,
CRS, ABR, GRI
EcoBroker,
Broker Associate



For additional information and photos:

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